

# Dr Jemma Gilchrist (nee Greenstock)

## Publications and research responsibilities

Greenstock, J.A. and Pipe, M-E. (1996). Interviewing children about past events: The influence of peer support and misleading questions. *Child Abuse and Neglect*, 20, 69-80.

Greenstock, J.A. and Pipe, M-E. (1997). Are two heads better than one? Peer support and children's eyewitness reports. *Applied Cognitive Psychology*, 11, 461-483.

Boyce, P., Greenstock, J.A., Talley, N.J. and Rose, D. (1999). Cognitive behavioural therapy as a treatment for Irritable Bowel Syndrome: a pilot study. *Australian and New Zealand Journal of Psychiatry*, 34, 300-309.

Boyce, P., Hickey, A., Gilchrist, J and Talley, N.J. (2001) The development of a brief personality scale to measure vulnerability to postnatal depression. *Archives of Women's Mental Health*, 3, 147-153.

Braude, L., Laidar-Powell, R., Gilchrist, J., Kirsten, L. and Jurascova, I (2017). An explanation of Australian psychologist's role in assessing women considering risk reducing mastectomy or contralateral prophylactic mastectomy. *Breast*, 32, 105-111.

Braude, L., Kirsten, L. Gilchrist, J., and Jurascova, I (2018). The development of a template for the psychological assessment of women considering risk reducing mastectomy or contralateral prophylactic mastectomy: A National Delphi consensus study. *Psycho-oncology*, 27, 2349-2356.

Braude, L., Kirsten, L. Gilchrist, J., and Jurascova, I (2017). A systematic review of women's satisfaction and regret following risk- reducing mastectomy. *Patient Education and Counselling*, 100, 2182 – 2189.

Butow, P., Bell, M., Smith, A., Fardell, J., Thewes, B., Turner, J., Gilchrist, J., Beith, J., Girgis, A., Sharpe, L., Shih, S. and Mihalopoulos, C. (2013). Conquer Fear: Protocol of a

randomised controlled trial of a psychological intervention to reduce the fear of cancer recurrence. *BMC Cancer*, 13:201

Butow, P., Turner, J., Gilchrist, J., Sharpe, L., Smith, A., Fardell et al (2017). Randomized Trial of Conquer Fear: A Novel, Theoretically-based psychosocial intervention for Fear of Cancer Recurrence. *Journal of Clinical Oncology* (35) 4066-4077

Butow, P, Williams, D, Thewes, B, Tesson, S, Sharpe, L, Smith, AB, Fardell, JE, Turner, J., Gilchrist, J, Girgis, A, Beith, J.A (2019) psychological intervention (ConquerFear) for treating fear of cancer recurrence: Views of study therapists regarding sustainability. *Psychooncology*

Fardell, J., Thewes, B., Turner, J., Gilchrist, J., Sharpe, L., Smith, A., Girgis, A and Butow, P. (2016). Fear of cancer recurrence: A theoretical review and novel cognitive processing formulation. *Journal of Cancer Survivorship*, 10(4) 663-73.

Hodgkinson, K and Gilchrist J 2008 (Eds.), *Psycho-social Care of Cancer Patients: A Health Professional's Guide to What to Say and Do*, Ausmed Publications. Melbourne.

Gilchrist, J. 2008 'Thriving as a Health Professional' in *Psycho-social Care of Cancer Patients: A Health Professional's Guide to What to Say and Do*, Hodgkinson, K & Gilchrist, J., Ausmed Publications, Melbourne.

Butow, P. & Gilchrist, J. 2008 'How to Build Relationships with Good Communication' in *Psycho-social Care of Cancer Patients: A Health Professional's Guide to What to Say and Do*, Hodgkinson, K & Gilchrist, J., Ausmed Publications, Melbourne.

Gilchrist, J. 2008, 'Stress and Anxiety' in *Psycho-social Care of Cancer Patients: A Health Professional's Guide to What to Say and Do*, Hodgkinson, K & Gilchrist, J., Ausmed Publications, Melbourne.

Sharpe, L, Turner, J, Fardell, J, Thewes, T, Smith, A, Gilchrist, J, Beith, J, Girgis, A, Tesson, S, Day, S, Grunewald, K Butow, P. (2019) Psychological Intervention (ConquerFear) for treating fear of cancer recurrence: Mediators and moderators of treatment efficacy. *Journal of Cancer Survivorship*

Smith, A, Sharpe, L, Thewes, B, Turner, J, Gilchrist, J, Fardell, J, Girgis, A, Tesson, S, Descallar, J, Bell, M, Beith, J, Butow, P and the ConquerFear Authorship Group (2018). Medical, demographic and psychological correlates of fear of cancer recurrence (FCR) morbidity in breast, colorectal and melanoma cancer survivors with probable clinically significant FCR seeking psychological treatment through the ConquerFear study. *Supportive Cancer Care*

Smith, A., Thewes, B., Turner, J., Gilchrist, J., Fardell, J., Sharpe, L., Bell, M., Girgis, A., Grier, M., Byrne, D., Clutton S., Butow., P. (2018) Pilot of a theoretically grounded psychologist-delivered intervention for fear of cancer recurrence (Conquer Fear). *Psycho-oncology*, 24(8), 967-970.

Wang, A.Y., Palme, C.E., Wang, J.T., Morgan, G.J., Gebski, V. Gilchrist, J., & Veness, MJ. (2013) Quality of life assessment in patients treated for metastatic cutaneous squamous cell carcinoma of the head and neck. *The Journal of Laryngology & Otology*,

Chief Investigator in Cancer Australia funded research titled *conquer fear: a randomised trial of an intervention to reduce fear of cancer recurrence in cancer survivors*. Research is conducted in multiple centres throughout Australia and New Zealand.

Author and reviewer *Coping Together* intervention: a self-directed, multi-media coping skills intervention developed by CHERP.